



NEBOSH Social Purpose – Case Study Request Form

Thank you for supporting this case study. Please complete as much of this form as you feel comfortable with. Stories may be anonymised if preferred.

1. About You

Name: **Osahon Courage Happiness**

Job role/type of work: **Petroleum Engineering Graduate / HSE Learner**

Organisation/workplace: **Delta State School of Marine Technology (DESOMATECH) / Self-directed learning**

Country/region: **Nigeria**

2. Before the Project

What safety or health challenges were common in your work?

Before undertaking the NEBOSH IGC, my awareness of occupational health and safety was largely informal. Working and teaching in an environment linked to the oil and gas industry, I observed common challenges such as limited formal HSE training among staff and students, inadequate awareness of hazard identification and risk assessment, and a general culture where safety protocols were not consistently applied or enforced. There was also limited knowledge around the use and importance of PPE in practical settings.

How did these issues affect you or others? (e.g. lack of PPE, unsafe practices, limited awareness, long hours, heat, stress, no training etc)

These gaps in safety knowledge affected both students and staff. Without a structured understanding of risk assessment, hazards in practical sessions and fieldwork could easily go unaddressed. The lack of formal HSE training meant that even well-intentioned individuals were not equipped to identify unsafe conditions or take corrective action. This created an environment where safety was reactive rather than proactive, which could put people at risk.

3. Your Experience with the NEBOSH-supported activity

What training, support or activity did you take part in?

I took part in the NEBOSH International General Certificate in Occupational Health and Safety (IGC) through the NEBOSH Social Purpose programme. The learning experience was interactive and collaborative, we participated in classroom-based sessions covering key health and safety concepts, as well as group exercises where we worked together to identify hazards, discuss real-world scenarios, and apply risk assessment techniques. The group activities were particularly valuable, as they allowed us to learn from each other's perspectives and build practical skills together

What did you find most useful or memorable?

The risk assessment unit (IG2) was the most practically impactful for me. Learning how to systematically identify hazards, evaluate risks, and recommend control measures gave me a structured way of thinking that I could immediately relate to real environments. The moral, legal, and financial arguments for managing health and safety in IG1 also gave me a broader appreciation of why safety matters beyond just following rules.

Did anything change in your understanding, confidence, or behaviour?

Absolutely. Before the programme, I had a surface-level understanding of health and safety. After completing the NEBOSH IGC, I developed a much more structured and confident approach. I now think proactively about hazards in any environment I enter or work in. My confidence in discussing HSE topics has grown significantly, and I feel equipped to contribute meaningfully to safety conversations in professional settings.

4. What has changed since?

Have you taken any new actions at work as a result?

Yes. I have begun applying risk assessment thinking to my daily activities and the environments around me. I have also started informally advising peers and contacts in the oil and gas sector on basic HSE principles, and I actively promote awareness of the importance of formal safety training among my network. I intend to use this qualification as a foundation for a career in occupational health and safety.

Have you shared learning with colleagues?

Yes. I have shared key concepts from the NEBOSH IGC with former colleagues and students, particularly around hazard identification and the hierarchy of controls. During my NYSC service at DESOMATECH, I had already been involved in mentoring and knowledge-sharing, and completing this qualification has given me more credible and structured content to pass on.

Has anything in your workplace improved or become safer?

While I am currently between formal employment, my increased HSE awareness has positively influenced how I approach and advise on safety in academic and community settings. I believe that as I move into professional roles, this qualification will directly enable me to contribute to safer workplace environments in the oil and gas industry in Nigeria.

How has this impacted you personally (confidence, wellbeing, communication etc)?

This qualification has had a profound impact on my professional identity and confidence. As a petroleum engineering graduate, I now feel I have a competitive edge in the Nigerian oil and gas job market. Achieving the NEBOSH IGC has validated my commitment to professional development and shown me that I can succeed in internationally recognised examinations. It has also improved how I communicate on technical safety matters and reinforced my goal of becoming a qualified HSE professional.

5. Additional Comments (optional)

Anything else you would like to add about your experience or the project.

I am incredibly grateful to NEBOSH for making this qualification accessible through the Social Purpose programme. Coming from Nigeria, where access to internationally accredited safety training can be financially challenging, this opportunity has truly been life-changing. It has opened doors I did not think were available to me and has set me on a clear path towards a meaningful career in occupational health and safety. I hope my story can inspire others in similar circumstances to take advantage of such opportunities

6. Permissions

Please tick one:

- ☒ I am happy for my name and story to be used publicly.
- ☐ I prefer to remain anonymous, but I allow my story to be shared.
- ☐ I do not want my story shared outside of the project team.

Photos

- ☒ I give permission for a photo of me to be used.
- ☐ I prefer not to include a photo.